

# Download Anxiety And The Anxiety Disorders

Anxiety disorders are different, though. They are a group of mental illnesses, and the distress they cause can keep you from carrying on with your life normally. For people who have one, worry and ...Below you will find a list of anxiety related disorders that may be experienced during childhood. Please select the anxiety disorder for which you would like to receive more information. Everyone will experience anxiety from time to time. The demands and stress of college life may even make experiencing anxiety more frequent. So it can be tough to tell the difference between normal anxiety and a condition like social anxiety disorder or obsessive-compulsive disorder. Signs and symptoms of anxiety disorders. In addition to the primary symptom of excessive and irrational fear and worry, other common emotional symptoms of an anxiety disorder include: - Anxiety And The Anxiety Disorders