

# Download Yoga Discipline Of Freedom The Yoga Sutra Attributed To Patanjali

The Yogasutras of Patanjali, the foundational text of Yoga school of Hinduism, uses the term Ishvara in 11 verses: I.23 through I.29, II.1, II.2, II.32 and II.45. Ever since the Sutra's release, Hindu scholars have debated and commented on who or what is Isvara? These commentaries range from defining Isvara from a "personal god" to "special self" to "anything that has spiritual significance to ...Yoga (/ ? j o? ? ? /; Sanskrit: ???; pronunciation) is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India. Yoga is one of the six orthodox schools of Hindu philosophical traditions. There is a broad variety of yoga schools, practices, and goals in Hinduism, Buddhism, and Jainism. The term "yoga" in the Western world often denotes a ...Glossary Of Siddha Yoga Terminology. A B C D E F G H I J K L M N O P Q R S T U V W X Y Z. ABHANGA: A devotional song composed in the Marathi language (the language of ...Kriya Yoga (????? ?)) is described by its practitioners as the ancient Yoga system revived in modern times by Mahavatar Babaji through his disciple Lahiri Mahasaya, c. 1861. Kriya Yoga was brought to international awareness by Paramahansa Yogananda's book Autobiography of a Yogi and through Yogananda's introductions of the practice to the west from 1920.. - Yoga Discipline Of Freedom The Yoga Sutra Attributed To Patanjali